



Kathy Martin, R.N., M.S.W.

"Helping people become the best they can be physically, mentally, and spiritually is why I went into nursing," says Kathy Martin, a nurse at Ocean Medical Center for the past 27 years. Kathy currently manages the inpatient Pediatric unit and the outpatient Family Health Center. She has also previously worked in both the Surgical and Oncology units.

Born and raised in Jersey City, Kathy received her R.N. from St. Francis Hospital, and in 2008 completed her Masters in Social Work at Fordham University. "Social work and nursing go hand in hand, as I'm able to help people help themselves."

Kathy sits on the Board of Directors for Seashore Family Services, a local agency aimed at helping those with addictions by offering counseling services. She belongs to the Saint Dominick Parish Nursing Group, which provides health and wellness outreach to parishioners and the community.

Kathy is also a facilitator for Ocean Medical Center's bereavement group which provides support to those who have recently lost a friend or loved one.

Two of Kathy's four daughters decided to go in to nursing based on their mother's passion for her field. Alison, a chef; Jessica, a teacher; Kelly, a nurse; and Aimee, a nursing student; are her pride and joy.

In her spare time, Kathy enjoys reading, decorating, gardening, crafts, and spending time with her three cats in Brick, where she currently resides.

For more information on Ocean Medical Center, please visit www.OceanMedicalCenter.com



Photo by Tracy Harman Photography

Francine Schmidt

Fran was born in Newark, New Jersey. Her family moved to Toms River in her senior year of high school where she graduated from Toms River North. She moved to Sussex, N.J. with her husband and two daughters. There she worked for Newton Radiology for several years. When she returned to Toms River 18 years ago she began working for **Toms River X-ray, CT & MRI Center**. Patients look forward to seeing Fran's familiar and welcoming face when scheduling their appointments.

When not working Fran enjoys reading, interior design and spending time

with her family and friends. Traveling is something she especially enjoys and she has visited Europe, Alaska, California and many other exotic places. One day she hopes to travel to Australia and Africa. With her good nature and love of animals, Fran provides a loving home to her two Persian cats, Bailey and Tashia. She is also the proud grandmother of her beautiful granddaughter Ashley who was recently adopted by her daughter Mia and her son-in-law Tony. Ashley has been such a blessing to her family and has brought them so much joy and happiness.



Photo by Tracy Harman Photography

Mary Gray

Born and raised in Elizabeth, NJ, Mary married Ed, her husband of almost 33 years and moved to Ocean County in 1979. Since they were never blessed with children, over the years their dogs have been a big part of their lives. She spends a lot of time with Benny, her beagle / basset mix.

Her other passion is design and Mary brings more than 30 years of design experience to the Design Alternatives team. Since earning a BFA in Interior Design, she has worked in all facets of the design industry, most recently as the owner of her own design firm for nearly 5 years. The bulk of her experience

was in high end residential design. She has designed rooms in several Designer Show houses and had the pleasure of seeing her designs published in both Design NJ and New Jersey Monthly. After becoming the primary caregiver for her aging and ailing father and stepmother, and spending much of her time in hospitals and hospice centers, she became aware of the need for quality design in the commercial healthcare field. She joined Design Alternatives in 2005 with the intent of changing the focus of her career to Commercial Design, in particular Healthcare.



Photo by Tracy Harman Photography

Theresa Cavallo Paterno

Theresa was born and raised in Northern New Jersey. After completing her education she had a successful career in the travel industry and law where she worked as an administrative assistant. After spending several years as a stay at home mom she pursued a life long interest in the English tradition of tea time.

Without any formal training Mrs. Cavallo-Paterno reviewed the literature on the topic and visited food venues in the New York metropolitan area which specialized in formal teas. Greatly inspired by Martha Stewart Theresa began experimenting with variations on traditional recipes for scones, pastries and a variety of other baked goods. She was keenly interested in bringing the gentility

of tea time to casual environment of the Jersey shore. In October 2008 Theresa opened the Scone Shoppe located at 2401 Bridge Avenue Point Pleasant. It is opened Tuesdays to Fridays from 8am until 4pm and Saturdays from 8am to 12pm. It is available for private parties.

Theresa is the proud mother of three children, David Joseph 24, Alyssa Patricia 15 and Victoria Grace 8. She has been married to Robert Paterno who is a manager at the Lowe's, in Howell Township.



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